



Business Phone  
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## *Luncheon Menu for Groups*

### *APPETIZER*

*French onion soup with croutons and Parmesan cheese*

*or*

*Mixed green salad with house vinaigrette*

### *ENTREES*

*Supreme de Volaille a la creme*

*Boneless breast of chicken baked and covered with a dry  
white wine and cream sauce*

*Marinated Flank Steak, grilled over mesquite and  
served with creamed horseradish and roasted red potato*

*Almond crusted Petrale Sole, oven roasted served  
over baby spinach and topped with mornay sauce*

*Red Trout Filet roasted and served on a black  
bean salad, topped with salsa fresca*

*Chicken Normandy, sauteed with sliced apples  
flambeed with brandy and finished with a light cream sauce*

*Sea food Pasta, fresh lemon fettuccine with  
sauteed bay shrimp, smoked salmon and clams  
in a spicy marinara sauce topped with parmesan*

*Ravioli Aux Champignons - wild mushroom and cheese ravioli*

*in a roasted red pepper and cream sauce, sprinkled  
with parmesan cheese*

*Chicken Breasts, marinated in Tandoori Masala spices  
grilled and served with a pineapple chutney*

*Fresh Fettuccine with grilled chicken breast, cherry tomatoes  
and mushrooms in a creamy pesto sauce, topped with pinenuts*

*Beef Bourguignon*

*Red wine, carrots, onions, mushroom, and beef stock  
served with rice or potato*

*Poached Salmon Medallions with  
a lemon wine cream sauce  
served with rice and vegetable*

*Goat Cheese and Salmon Turnover  
in puff pastry, served over mixed greens,  
with a roasted red pepper coulis*

*Beef Teriyaki*

*with mixed bell peppers, onions  
and broccoli, served over rice*

*Filet of Tilapia*

*Pan seared with salsa freca, served with rice pilaf*

*Penne Pasta*

*with mushrooms, onions and zucchini,  
in a red pepper cream sauce  
choice of vegetarian or chicken*

*House cured Salmon Salad*

*with cucumbers, red onion, capers and cherry  
tomato, served over watercress with a fresh herb vinaigrette*

*Filet de Saumon*

*Filet of Salmon, pan roasted and  
served with a beurre blanc*

*Club Sandwich  
with turkey, bacon, avocado, lettuce and tomato on  
toasted sourdough bread, served with a small salad*

*Grilled Ham and Cheese sandwich  
on sourdough bread with Cabot cheddar,  
served with a mixed green salad and house vinaigrette*

#### *DESSERTS*

*Chocolate mousse, cheese cake, caramel custard  
or vanilla ice cream*

#### *BEVERAGES*

*House Chablis and Merlot  
soft drinks, coffee and tea*